



## Who can benefit from Palliative Care?

Anyone living with a serious illness or condition, including, but not limited to: Heart, Lung, Liver or Kidney Disease; Cancer; HIV/AIDS; Stroke; Parkinson's; Dementia; and Frailty due to old age.

Anyone living with a serious illness or condition who has uncontrolled physical symptoms, including, but not limited to: Pain, Delirium, Dyspnea (shortness of breath), Insomnia, Nausea (and/or vomiting), and Anxiety/Agitation.

Anyone who wishes to discuss concerns related to your illness, including, but not limited to: Advance care planning; community resources; and medical interventions and therapies.

### How do I get Palliative Care?

Palliative Care generally begins with a referral from your primary healthcare provider. If you feel that you might benefit from Palliative Care, talk with your doctor. If you're not sure, call us!

### Do I get to keep my personal healthcare provider?

Absolutely. Our medical specialists meet with you and then work with both you and your healthcare provider to develop a plan to meet your needs.

### How do I pay for Palliative Care?

Medicare, Medicaid, and private insurance cover our charges. However, we serve anyone, regardless of insurance coverage or ability to pay.



### Can I continue treatments if I get Palliative Care?

Yes. Palliative Care is offered along with any other medical interventions. With additional help for you, your treatments can be even more effective.

### Where do I go for Palliative Care?

Our Palliative Care medical professionals can meet with you in our Columbus NC office or our Landrum SC office. We can also come to you in hospitals, skilled nursing facilities, assisted living or retirement communities, or in your home. These consults are followed by visits, phone calls, and correspondence as needed and agreed upon by you, your family, and your healthcare provider.

### How do I get more information about Palliative Care?

To talk with someone about all the benefits of Palliative Care, call 828.894.7016, or toll free 1.800.617.7132 and ask to speak with a Palliative Care staff member. Or visit us online at [www.hocf.org](http://www.hocf.org).

HELPING YOU LIVE WELL  
WITH SERIOUS ILLNESS

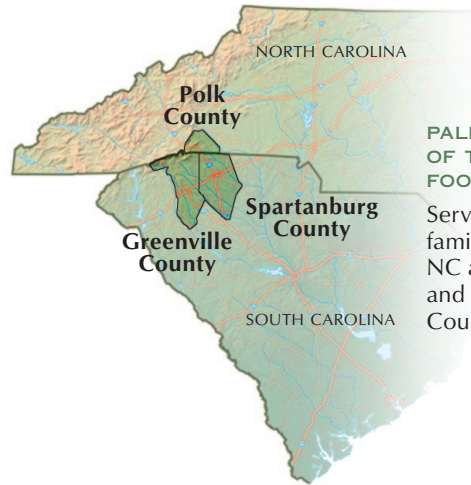
**Palliative Care** (pronounced  
*pá-lee-uh-tive*) means comfort care.

Your comfort and quality of life are our  
priority as you live with serious illness.

Our goal is to relieve suffering and  
improve day-to-day function by:

- ~ Helping with your pain and other  
symptom management;
- ~ Assisting you with complex medical  
decision-making; and
- ~ Helping you plan for and access care.

Basically, we are looking at how your  
condition affects your everyday life and  
figuring out how to make every day as  
good as it can be—less pain, more help,  
and the assurance of knowing there's  
someone you can call on for support.



PALLIATIVE CARE  
OF THE CAROLINA  
FOOTHILLS

Serving patients and  
families in Polk County,  
NC and in Greenville  
and Spartanburg  
Counties, SC

**Meg Hoke, MSW, Social Worker & Program Manager**  
**Jean Carter, FNP-C, Family Nurse Practitioner**  
**Andrew Kamell, MD, Palliative Care Physician**

**828.894.7016, 800.617.7132**  
**pcare@hocf.org**

*Palliative Care of the Carolina Foothills  
is a community-based service of  
Hospice of the Carolina Foothills.*



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130 Forest Glen Dr . Columbus, NC 28722 . 828.894.7000

**SOUTH CAROLINA OFFICE**  
260 Fairwinds Rd . Landrum, SC 29356 . 864.457.9122

**HOSPICE HOUSE OF THE CAROLINA FOOTHILLS**  
260 Fairwinds Rd . Landrum, SC 29356 . 864.457.9100

**HOSPICE THRIFT BARN**  
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[www.hocf.org](http://www.hocf.org)



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OF THE CAROLINA FOOTHILLS

*Helping people live well with serious illness*

*A community-based service of  
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