



Have you lost someone you love?

*Just call us.
We're here to help.*

828-894-7000 ♥ 800-617-7132

www.hocf.org

Support Group Hospice Center Columbus NC

***First Tuesday of
every month,
noon—1 p.m.***

*Bring a bag lunch if
you wish. Drinks and
dessert are provided.*

May 4

June 1

July 6

August 3

“We Care”

***T. J.’s Café
Tryon NC***

*A social support
group for women
coping with loss.
Tuesday mornings
at 9:00*

Hospice of the Carolina Foothills offers many forms of support to Hospice families *and* community members who are coping with the death of a loved one.

Support groups are helpful to many people.

- A confidential and safe gathering place
- Led by professional hospice staff & volunteers
- Free and open to anyone in the community who has lost a loved one

Would you like something more private? Our trained professionals can talk with you on the phone or meet with you in person to listen and give support.

Our online *Griefwords* outreach library is available to anyone 24 hours a day to provide education about grief & loss. To access our ***Griefwords*** library, go to www.hocf.org & click on Our Services, Bereavement Care, & look for ***Griefwords Library***.

If you would like to receive some of our grief support literature via email, please let us know! You may contact Bereavement Care Coordinator Shannon Slater at sslater@hocf.org & put “email grief literature” in the subject line.

